

Choosing a Godparent for Your Child

Requirements for a Godparent

Choosing a godparent for your child at their Baptism is a very important part of the Baptismal process! When choosing someone who is going to help you raise your child in the Catholic Faith, it is important to consider these qualifications:

- Are they at least 16 years old?
- Have they themselves received the Sacraments of Initiation (Baptism, First Eucharist, Confirmation)?
- If they are married, is their marriage valid in the Catholic Church?
- Do they attend Mass regularly?
- Are they actively participating in the life of their parish?

*The Church only requires that you have one Godparent/Sponsor. However if you have two, one must be male, and one must be female.

The role of the godparent is to be a witness to Jesus Christ, the Catholic Faith, and all the Church teaches. They have the responsibility to help you guide and raise your child in the practice of the Faith. This is a role that needs to be taken seriously, and it is imperative that godparents are actively practicing their faith, so they can be a model of Christian discipleship for your child.

If you have questions about godparents, or need help finding godparents for your child, please contact Clare Galuzny at cgaluzny@delawarestmary.org